

## **Graces**

From <http://usscouts.org/macscouter/ScoutsOwn/Graces.asp>

### **GOD HAS CREATED A NEW DAY**

God has created a new day  
Silver and green and gold.  
Live that the sunset may find us  
Worthy his gift to hold.

### **HARK TO THE CHIMES**

Hark to the chimes  
Come bow your head.  
We thank thee God  
For this good bread.

### **IF WE HAVE EARNED THE RIGHT**

If we have earned the right to eat this bread  
Happy indeed are we.  
But if unmerited Thou gives to us  
May we more thankful be.

### **NEATH THESE TALL GREEN TREES**

Neath these tall green trees we stand  
Asking blessings from Thy hand  
Thanks we give to thee above  
For Thy help and strength and love.

### **SCOTTISH GRACE**

Some have meat and cannot eat  
And some have nay that want it  
But we have meat and we can eat  
And so the Lord we thanketh.

### **WAYFARER'S GRACE**

[Suggested tunes: Doxology, "Praise God From Whom All Blessings Flow", or "For The Beauty of the Earth"]

For all the glory of the way  
For all thy protection night and day  
For rooftree, fire, and bed and board  
For friends and home  
We thank thee Lord.

## **BLESSING HYMN**

(Tune: Edelweiss)

Come dear Lord, be our guest  
As we gather together.  
May our heart glow with love,  
Keep us close to you ever.

Friendship and joy, may they  
bloom and grow.  
bloom and grow forever,  
Bless our homes, bless our friends,  
Bless our common endeavors.

Thank you God, for this day,  
Bless all those who greet it.  
May your love glow with peace,  
may your love go forth from us.

Friendship and peace may they bloom and grow  
Bloom and grow forever.

Bless our friends, bless our work  
bless each of us forever.

## **AMAZING GRACE**

Amazing grace how great Thou art,  
You meet my every need,  
You quench my thirst,  
You guard my home,  
My soul and body feed.

## **LIKE THE PEARL**

(Tune: Pearly shells. echo each. line)

Like the pearl  
in the ocean  
Made by God  
from a grain of sand.  
Like the pearl  
may God's blessings surround me.  
Make a pearl  
from this little grain of sand.

## **MAY GOD BLESS**

(Tune: Oh dear what can the matter be.)

May God bless the those at this meeting  
May God bless the food we are eating  
May God bless the ones who are leading  
May God bless Scouts everywhere.

## **ORCHARD AND OCEAN**

(Tune: Tell me why)

Orchard and ocean  
Farm and field  
We thank our maker  
For all they yield.  
For earth and water  
For flower and seed  
We thank you God  
in thought, word and deed.

## **TIME TO EAT**

(Tune: Ain't she sweet)

Time to eat, Scout snack time is a treat!  
We thank God for his generosity --Time to eat!

## **LET'S JOIN HANDS**

(Tune: Mary had a little lamb)

Let's join hands and give our thanks,  
give our thanks, give our thanks,  
Let's join hands and give our thanks,  
Give our thanks to God.

## **AMEN**

A Amen, A Amen, A amen, Amen, Amen.  
HEAR THE LITTLE CHILDREN  
A Amen, STANDING AT THIS TABLE, A Amen  
ASKING FOR YOUR BLESSING  
Amen, Amen!

## **WE KNOW, WE KNOW**

(Tune: Hi Ho Hi HO)

We know, we know,  
from whom all blessing flow  
We thank him then  
We say Amen  
We know, we know!  
(We know, We know, We know--  
repeat 'til tired!)

## **WORLD HUNGER GRACE**

For food in a world where many walk in hunger,  
For faith in a world where many walk in fear,  
For friends in a world where many walk alone,  
We give Thee humble thanks, Oh, Lord.

## **Namaste**

(Tune: THE MORE WE GET TOGETHER)

Namaste means thank you  
means thank you  
means thank you  
Namaste means thank you  
Namaste my Lord.  
For good food  
and good friends  
and feelings that don't end  
Namaste means thank you  
Namaste my Lord.  
(na/ma/stay)

## **THANK THEE**

(Tune: Ruben, Ruben)

Thank thee, thank thee  
heavenly Father  
For thy blessings we have gathered.  
Give us strength and understanding,  
bless us now, oh Lord.  
We pray.

## **GOD IS GREAT**

(Tune: London Bridge)

God is great and God is good  
God is good, God is good  
Let us thank him for this food  
Alleluia!

## **THANK THE LORD**

(Tune: Teapot)

I am strong and healthy  
thank the Lord.  
I have bread, room and board  
I have good friends and family,  
God takes very good care of me.

## **HE HEARS**

(Tune: On top of old Smokey)

My God is so great  
and I am so small,  
but it doesn't matter  
he hears when I call!  
He hears when I whisper,  
he hears when I shout  
he hears my "thank you"  
'cause I'm a Girl Scout.

## **LORD, GOD OF POWER**

(Tune: Down by the station)

Lord, God of power,  
guide me every hour  
Please bless this food  
we're about to eat.

## **FOREVER AND A DAY**

(Tune: My hat it has 3 corners)

My Lord God almighty,  
bless us here today  
grant that we will be worthy  
forever and a day.

## **GOD MADE THE MOUNTAINS**

(Tune: I love the mountains)

God made the mountains,  
God made the rolling hills,  
God made the flowers,  
God made the daffodils,  
God made the field of wheat,  
for all the bread we eat,  
alleluia, alleluia, alleluia, alleluia  
(repeat and fade out.)

MAY (Tune: When Irish eyes are smiling)

May the road rise up to meet you,  
May the wind be at your back,  
May good friends be there to greet you  
And your table never lack.

May your life be filled with laughter,  
and your heart be filled with song.  
May God shine His light upon you,  
As you live your whole life long.

## **GOD IS SO VERY GOOD**

(Tune: Animal Crackers)

Fruit from the tree,  
and from the vine.  
Bread from the oven,  
tastes divine.  
Gosh, oh gee but I have fun,  
Counting my blessings one by one.

God is so very good to me,  
Sends me strength and energy,  
Thank you God eternally.

## **SPIRIT ETERNAL**

(Tune: Pop goes the weasel)

God almighty, Father of all  
God the Spirit Eternal  
Bless us each, one and all  
Spirit Eternal.  
Bless the children gathered about,  
Bless adults who lead them,  
Bless the children 'round the world,  
Please help feed them.

## **BEFORE THE NIGHT**

(Tune: After the ball)

Before this day is over  
Before the night begins  
Help me protect the planet  
Be one of it's caring friends  
I thank you for all your blessings  
May I earn the right  
To live in harmony with them  
Before the night.

## **MERCI BEAUCOUP**

(Tune: Alluetta)

Merci Beaucoup Lord  
God almighty.  
Merci Beaucoup  
thank you very much.  
Chorus: Merci beaucoup  
Merci beaucoup  
Thanks to you  
Thanks to you  
oh, oh, oh

## **HAWAIIAN GRACE**

(Tune: Aloha Oy)

Aloha to God above  
Aloha a word that means  
I love you.  
Mahalo too means  
I thank you.  
Mahalo aloha to God.  
(Ma/ha/low)

## **ALLELUIA**

Alleluia, alleluia,  
amen, amen.

## **BE PRESENT**

Be present at our table Lord  
Be here and everywhere I go  
His mercies bless and grant that we  
May learn to live and die for Thee.

## FOR HEALTH AND STRENGTH

For health and strength  
and daily bread  
we praise Thy name oh Lord.

Another version:

For health and strength and daily food  
We praise thy name O Lord.  
Within this camp and all our days  
Thy presence we adore,  
We praise Thy name.  
We praise Thy name.  
We praise Thy name O Lord.

## JUBILATE DEO

Jubilate Deo,  
Jubilate Deo,  
Alleluia.

## GELOBET

Gelobet sei  
Gelobet sei  
Der herr mein Gott.  
Gelobet sei  
Gelobet sei  
Der herr mein Gott.  
Gelobet, Gelobet, Gelobet sei.  
Der mein Gott.  
(translation: Praised be the Lord, my God.)

## GRACIAS SENOR

Allelu, allelu, allelu, alleluia.  
Gracias senor  
allelu, allelu, allelu, alleluia.  
Gracias senor  
Gracias senor alleluia  
Gracias senor alleluia  
Gracias senor alleluia  
Gracias senor.

## EVERYDAY

(Tune: Camp town races)

Thank you God for all you do  
Ale-luya  
Thank you God for all you do  
Every single day.  
(contributed by Judy Hubbs)

## THANKS BE TO GOD

(Tune: Wendy)

Thanks be to God, the father almighty  
Thanks be to God, who gives us our bread. (or: who gave us the earth)  
Thanks be to God, the spirit eternal (or: father eternal)  
Thanks be to God, forever.

He gives us the starry sky!  
He gives us the birds that fly!  
He gives us the rainbows high  
above the clouds, above the clouds..  
[ above the clouds, above the clouds!]

(repeat "thanks" part)

-- Thanks to Laura Humphrey, Lone Star Girl Scout Council, Austin, TX USA

## INDIAN TAPS

Day is done (raise hands up)  
gone the sun (lower hands)  
from the lakes (arms stretch in front of you)  
from the hills (arms stretch upward and diagonal, like a hill)  
from the sky (arms reach up to sky)  
all is well (arms in front, bend at elbow toward you)  
safely rest (arms together cross in front of body--like folding your arms in front of you)  
God is nigh. (bow head on your crossed arms.)

## LET US BREAK BREAD TOGETHER

Let us break bread together on our knees  
Let us break bread together on our knees  
When I fall on my knees with my face  
to the rising sun,  
Oh, Lord have mercy on me.

## THANKS TO GOD

(Tune: Taps)

Thanks to God, for our food  
for our milk, for our stew, for our bread.  
God is joy, God is love  
Bow your head.

### **GOD OUR FATHER**

(Tune: Frere Jacques)

God our father, God our father  
Once again, once again,  
we would ask thy blessing,  
we would ask thy blessing  
amen, amen.

### **GOOD MORNING GOD**

(Tune: Morning is here)

Good morning God, this is your day  
I am your child, show me the way.

### **BLESS OUR FOOD**

(Tune: Edelweiss)

Bless our food, bless our friends  
come oh Lord and sit with us.  
Make our talk glow with peace  
come with your love to surround us.  
Friendship and peace  
may they bloom and grow  
bloom and grow forever.  
Bless our food, bless our friends,  
Bless our dear land forever.

### **THANK YOU FOR THE WORLD SO SWEET**

Thank you for the world so sweet  
thank you for the food we eat  
thank you for the birds that sing  
thank you God for everything.

### **WE GATHER TOGETHER**

We gather together to ask the Lord's blessing  
He chastens and hastens his will to make known.  
The wicked oppressing cease them from distressing  
Sing praises to his name he forgets not his own.

## **MOUNTAIN MEADOWS GRACE**

(Mountain Meadows is a resident camp in California)

We thank the Lord for the food we eat,  
For camping fun and the friends we meet,  
For the rushing streams and the calm cool breeze,  
For lovely meadows and tall green trees.

### **A Grateful Heart**

This happy meal will happier be  
If we, O God, remember Thee

We thank you, God, for happy hearts,  
For fine and sunny weather;  
We thank you, God, for this our food,  
And that we are together.

For every cup and plateful,  
God make us truly grateful.

As we enjoy this earthly food  
At this table you have spread,  
We'll not forget to thank you, God,  
For all our daily bread.

### **A Kindergartner's Prayer**

Dear Lord, bless this food. Let children everywhere have just as much to thank You for. Please God, hear our prayer. Amen.

-- Thanks to Evette Ogden

### **A Blessing**

For what we are about to do, may the Lord make us truly responsible.  
For what we are about to think, may the Lord make us truly wise.  
For what we are about to say, may the Lord make us truly sensible.  
For what we are trying to achieve, may the Lord accept and bless our efforts.  
-- Thanks to Sergio Laurenti

## **Bless This House**

[Tune: Edelweiss]

Bless this house, bless this bread,  
Come oh Lord and sit with us.  
May our hearts grow with peace.  
Come with your love and surround us.  
Friendship and love may they bloom and grow,  
Bloom and grow forever.  
Bless our friends, bless us all,  
Bless all [ . . . ] Scouts forever.

## **God Is Great, God Is Good, Alleluia**

[Tune: Michael Row the Boat]

God is great, God is good, Alleluia  
Let us thank him for our food, Alleluia.  
By His hand we all are fed, Alleluia  
Thank you Lord, for daily bread, Alleluia.

## **God Our Father**

[Tune: Frere Jacques]

God our Father, God our Father.  
Once again, once again,  
Thank you for our blessings, thank you for our blessings.  
A-amen, a-amen.

Variation of third line: "We would ask thy blessing . . . ."

## **Health and Strength**

For health and strength and daily bread  
We praise thy name, Oh Lord.

## **Johnny Appleseed**

The Lord is good to me  
And so I thank the Lord  
For giving me the things I need  
The sun and rain and the appleseed.  
The Lord is good to me.

And every seed that grows  
Will grow into a tree,  
And one day soon there'll be apples there,  
For everyone in the world to share.  
The Lord is good to me.

Oh, here I am 'neath the blue, blue sky  
Doing as I please.  
Singing with my feathered friends  
Humming with the bees.

I wake up every day,  
As happy as can be,  
Because I know that with His care  
My apple trees, they will still be there.  
The Lord's been good to me.

## **Peace Is**

Peace is the bread we break;  
Love is a river rolling.  
Life is the chance we take  
When we make this world our home.  
Gonna make this world our home.

## **Thank Thee Heavenly Father**

[Tune: We Are Climbing Jacob's Ladder]

Thank Thee, Thank Thee, Heavenly Father,  
For Thy blessings, as we gather,  
Give us peace and understanding,  
Bless us all, O Lord.

## **Thank You For The Food We Eat**

[Tune: Michael Row The Boat Ashore]

Thank you for the food we eat, Hallelujah.  
Thank you for the friends we meet, Hallelujah.  
Thank you for the birds that sing, Hallelujah.  
Thank you Lord for everything, Hallelujah.

## **The World Hunger Grace**

For food in a world where many walk in hunger  
For faith in a world where many walk in fear  
For friends in a world where many walk alone  
We give thee humble thanks, Oh Lord.

## **Another "Indian/Native" Thanks**

The eagle give thanks for the mountains  
(arms like wings, then become mountain peaks)  
The fish give thanks for the sea  
(hands together like swimming fish, then wave motion)  
We give thanks for our blessings  
(arms raised in front like receiving something being passed down from a height)  
And for what we're about to receive  
(arms lowering, hands like they are holding something)

-- Thanks to Lori Purvis, Snowy Owl, 1st Stayner Brownies, Ontario, Canada

## **God is Great Rock Grace**

Tune: Rock Around the Clock

God is great, God is good  
Let us thank Him for our food  
We're gonna thank Him morning, noon and night  
We're gonna thank Him 'cuz He's outta sight  
Amen, amen, amen, amen....do do do! Yeah!

## **Alleluia, Amen**

(tune: Happy birthday)

Alleluia, Amen  
Alleluia, Amen  
Alleluia, Alleluia,  
Alleluia, Amen

-- Thanks to Rae Haynes, Leader, Junior Troop 1477, Crofton, Maryland

## **The Sailors Grace**

Oh God the Giver, take the thanks we give,  
For life and for the food by which we live,  
Thinking of those who carry it by sea,  
Upon our sailors may Thy blessing be.

## The Back of the Bread

At the back of the Bread is the millers flour  
At the back of the flour is the mill,  
At the back of the mill is the wind and the rain,  
And the Father's will.

-- Thanks to Eileen Kermode, Maghull, Liverpool, England.

Another version:

Back of the bread is the flour,  
And back of the flour is the mill,  
And back of the mill is the wind and the rain,  
And the Father's will.

## Camp Tippicanoe Grace

The same tune is used at each meal. Try the tune on a piano, using the keys from middle-C up to the B-flat.

Line One: F E F G F B-flat B-flat A

Beats: 1 .5 1 1 1 1 1 2

Line Two: D E F D C C C

Beats: 1 1 1 1 1 1 2

Line 3: Same as line one.

Line 4: D E F B-flat A G F

Beats: 1 1 1 1 1 1 1

Amen: F F

Beats: 2 2

### BREAKFAST

Gracious giver of all good,  
Thee we thank for rest and food,  
Grant that all we do and say,  
In your service be this day.  
Amen.

### LUNCH

Father for this noon day meal,  
We would speak the praise we feel,  
Health and strength we have from thee,  
Help us Lord to faithful be.  
Amen.

### DINNER

Tireless guardian of our way,  
Thou hast kept us well today,  
While we thank thee we request,  
Care continued, pardon, rest.  
Amen.

-- Thanks to Carol, Co-Leader Brownie Troop 124, Burbank, CA

## **AMEN (Clap)**

Amen (clap), Amen (clap), Amen, Amen, Amen, (sing it over),  
Amen (clap), Amen (clap), Amen, Amen, Amen

## **BOARD IS SPREAD**

(two part round)  
is here, the board is spread,  
Thanks be to God who gives us bread.

## **PRAISE YE THE LORD**

(two part)

(1) - Allelu, Allelu, Allelu, Allelujah... (2) - Praise ye the Lord,  
(1) - Allelu, Allelu, Allelu, Allelujah... (2) - Praise ye the Lord,  
(2) - Praise ye the Lord... (1) - Allelujah,  
(2) - Praise ye the Lord... (1) - Allelujah,  
(2) - Praise ye the Lord... (1) - Allelujah,  
(all) - Praise ye the Lord

## **THANK YOU LORD**

(Tune: Edelweiss)

Thank you, Lord, on this day,  
For our many great blessings,  
Thank you, Lord, on this day,  
For our many great friendships.  
Glory to God, may He hear our prayers,  
Guide us on forever,  
Thank you, Lord, on this day,  
For our many great blessings.

-- Thanks to Robin "Cooky" Stevens, Brownie 3079 - Monument Service Unit  
Registrar & Delegate, Connecticut Trails Council

## Do We Ever?

(Tune: Waltzing Matilda) Do we ever stop and pray  
For the food we've had today,  
Counting all our blessings one by one.  
We are privileged to be here  
Living out our Promise dear  
Let us sing praises to our God.

Praise be to God  
Praise be to God  
Extending friendships far and near  
They will live forever  
Though we're not together.  
Praise be to God  
For our blessings here.

The first half is sung to the verse tune and the second to the chorus tune.

-- Thanks to Anne Elzenaar, Wellington, New Zealand