

Hints for Cooking Using Aluminium foil

1. Temporary plates, cups, and dishes for baking and serving can be made from foil. The easiest way is to mould the foil over the bottom of a dish or container.
2. Ice in a picnic cooler or old-fashioned ice box will last longer if covered with foil.
3. Make rings of foil to act as dividers for frying eggs. Place rings in a skillet with butter. Drop eggs in rings to keep them in good shape.
4. When frying bacon, fish, or other food that splatters hot grease, make a foil lid to rest on the pan to protect you and the stove. Turn edges away from you slightly.
5. Sandwiches can be toasted on a hot plate by wrapping in a foil envelope. Wrap and place on a hot plate or embers for just a few seconds.
6. Potatoes cook well if a cross is cut in the potato and a little salt sprinkled on before wrapping closely in foil.
7. If melons are cut before they're ripe, wrap in foil, leave out of refrigerator and they will ripen with no discoloration.
8. To make a sprinkler top for vinegar or oil bottles, just mould a piece of foil over the bottle opening. Secure with a rubber band and punch small holes into the foil.
9. Turkeys and chickens, oven baked, do not burn on top if a strip of foil is placed over the breastbone for most of the cooking time.
10. To lift hot steamed puddings or cakes from steamers or tins, fold a long strip of foil in half and in half again lengthwise. Loop it under the pudding bowl so two ends stick up a couple of inches at each side for lifting purposes.
11. Line your barbeque with heavy duty foil and build your fire right on the foil. It not only reflects the heat, but distributes it evenly for cooking. And it makes cleaning easy -- just bundle up ashes and drippings afterwards.
12. Foil can be made into an excellent reflector oven for outdoor baking. Shape it rather like a three sided tent with open side facing flames, perhaps with the aid of a few sticks.
13. Canteens covered with foil stay cooler longer.
14. When your meal is through, scour pots and pans with a crumpled-up ball of foil.