

WORM CAKE

Worms, like wicky grubs, need cleaning out. For this recipe you'll need about 2 cups of ordinary worms. Clean them with oatmeal as for the wicky grubs. Here's the recipe:

INGREDIENTS

- 1 cup brown sugar
- 2 cups self-raising flour
- 1/3 cup raisins
- 1/2 teaspoon of nutmeg
- 1/4 teaspoon of cloves
- 1 teaspoon of cinnamon
- 1 cup of water
- 1-2 cups of clean worms.



Boil all the ingredients except the flour and worms, together for 2 minutes and let them cool. Mix in the flour and the worms. Pre-heat oven to 350 degrees Fahrenheit and bake for 35 minutes.

